

FUN CYCLE COACHING SESSIONS FOR YOUNG RIDERS



Half Term in Kings Lynn

The Walks, South Street, King's Lynn PE30 1PE
with **British Cycling's Regional Coach**

Tuesday 30th May

10am-12pm & 1pm-3pm (both different)

Registration from 9:40am-9.55am and 12:40pm-12:55pm

£6 per session / £10 per day – Both sessions different

Improve your skills & try some races - 9yrs-14yrs

BIKES & HELMETS provided FREE of charge (subject to availability)

OR bring your own bike suitable for riding off road with two working brakes

What to wear & bring? Close fitting tracksuit bottoms/trousers, trainers (no flip flops or sandals), water based drinks in plastic bottles, break-time snack, waterproofs if wet. Bring a packed lunch & something to sit on if staying all day.

Parental consent required

For more information please call Alison on 07983 809120 or e-mail alisonlillev@britihsvclina.org.uk

To learn more about HSBC UK Go-Ride and find your local club, visit: britishcycling.org.uk/go-ride