

Helping Hand



Mental
Health Project



ELY COLLEGE

helpinghand@elycollege.co.uk

You are
not alone...
we are here
to listen.

If you are struggling, we will always encourage you to talk to a trusted adult or member of staff but we understand how difficult it can be to start that conversation. If you would like to talk, get advice or help, or you have concerns about a friend; use our new student self-referral mental health



email address

