



Etheldreda House



Franklin House



Scott House



Turing House

# The Virtual Inter-house Games



With no Sports Day planned this year, we are going to be running the virtual games so that you can still represent your house!!!!

Recording Sheets can be submitted anytime between the 8<sup>th</sup> and 12<sup>th</sup> June with a view to scoring as many points as possible for your house.





# How to Play: Competition Open 8-12<sup>th</sup> June

The Virtual Games have been designed to test your accuracy, balance, coordination and skill level across 6 different challenges.

Each challenge is categorised into either “Challenger” or “Legendary”. We want everyone to complete both levels of the challenge, in particular, the Legendary option!

You can complete each challenge a maximum of three times with your best score going forward. Record this on your tracker (The penultimate Slide).

**Honesty is always the best policy!**

Each challenge contains a short instructional video clip along with your equipment list and alternative items....should you not have the equipment to hand.





# The Equipment List

<b><u>Essential</u></b>	<b><u>Substitute</u></b>
<b>Water Bottle</b>	
<b>Toilet Roll (x1)</b>	<b>Tennis Ball/Orange</b>
<b>2 Tins</b>	<b>2 bottles/2 shoes</b>
<b>Mug</b>	<b>Bowl</b>
<b>Tea Bags</b>	<b>Scrunched up paper</b>
<b>1 small tea towel</b>	<b>Hand towel or sheet of A4 paper</b>
<b>Timer/Smart phone</b>	<b>Count out loud</b>

The equipment list beside details to you everything you need to equip yourself to take on the lockdown games. Anything in the “**Essential**” column, you must have to take part.

The items in the “**Substitute**” column can act as replacements for items you may not have.





# Challenge 1 Total Teabags



## Step 1- Vist Teams / Website (year 6) to see the video

### Challenger Status

1. 3 large steps away from target (3-4m away)
2. Face towards target
3. 5 attempts at landing as many tea bags in the mug as possible (or rolled up paper)



### Legendary Status

1. 3 large steps away from target (3-4m away)
2. Turn around to face opposite direction
3. 5 attempts at landing as many tea bags in the mug as possible (or rolled up paper)





# Challenge 2: Bottle Flip



## Step 1- Visit Teams / Website (year 6) to see the video

### Challenger Status

1. Stand next to a raised surface, one step away (arms distance)
2. Attempt to flip the bottle in one full rotation and land flat on the surface.
3. Your score is how many times you can land the bottle in a row without it falling over

### Legendary Status

1. Stand next to a raised surface, three pigeon steps away
2. Attempt to flip the bottle in one full rotation and land flat on the surface.
3. Your score is how many times you can land the bottle in a row without it falling over





# Challenge 3: Toilet Roll Catch



## Step 1- Vist Teams / Website (year 6) to see the video

### Challenger Status

1. Hold the toilet roll in two hands.
2. Throw up in the air, rotate 180 degrees and catch it behind your back
3. Your score is how many times you catch the toilet roll in a row without it hitting the floor.

### Legendary Status

1. Hold the toilet roll in two hands.
2. Throw up in the air and catch it behind your back whilst facing the same direction
3. Your score is how many times you catch the toilet roll in a row without it hitting the floor.





# Challenge 4- Target Roll



## Step 1- Vist Teams / Website (year 6) to see the video

### Challenger Status

1. Fold a tea towel (small towel or piece of A4 paper) in half
2. Take three large steps away from the target. (4-5m)
3. Roll the toilet roll and attempt to land it on the target
4. Your score is determined by how fewer attempts it takes, first time is the best possible score!

### Legendary Status

1. Fold a tea towel (small towel or piece of A4 paper) in half and then half again
2. Take three large steps away from the target. (4-5m)
3. Roll the toilet roll and attempt to land it on the target
4. Your score is determined by how fewer attempts it takes, first time is the best possible score!





# Challenge 5- Souperbowl



## Step 1- Vist Teams / Website (year 6) to see the video

### Challenger Status

1. Position two tins (or any other item) 2 hand widths apart at a distance of 4-5m away.
2. Using an orange (tennis ball or toilet roll) attempt to roll the item through the gate.
3. The highest score is the most amount of successful rolls in 30 seconds.

### Legendary Status

1. Position two tins (or any other item) 1 hand width apart at a distance of 4-5m away.
2. Using an orange (tennis ball or toilet roll) attempt to roll the item through the gate.
3. The highest score is the most amount of successful rolls in 30 seconds







# Challenge 6 Balance the Bog Roll



## Step 1- Vist Teams / Website (year 6) to see the video

### Challenger Status

1. Position a toilet roll on the top of your head.
2. Whilst keeping the toilet roll steady, move down towards the ground ensuring you are in the press up position.
3. Return to standing position.
4. Using a timer, complete this as quickly as possible.

### Legendary Status

1. Position a toilet roll on your forehead
2. Whilst keeping the toilet roll steady, move down towards the ground ensuring your back is in contact with the floor.
3. Return to standing position.
4. Using a timer, complete this as quickly as possible.





If you are viewing this slide, then you have most likely completed the rigorous 6 challenges posed.

Can you check you have done the following;

- Completed all six challenges on **Challenger and Legendary**
- Recorded your scores on **THE Virtual GAMES TRACKER including the “Best Column”**
- Email your recording sheet to Mr Coe (This is also available as a word document) ([Jcoe@elycollege.co.uk](mailto:Jcoe@elycollege.co.uk))





## The Lockdown Games

### How to score each challenge

<u>Total Tea Bags</u>	<u>Bottle flip</u>	<u>Toilet roll catch</u>	<u>Target roll</u>	<u>Souperbowl</u>	<u>Balance the bogroll</u>
How many out of 5 did you land in the cup?	How many times did you flip the bottle in a row?	How many times did you catch it in a row?	How many attempts did it take you to land it on the target?	How many times did you get it through the gate in 30 seconds?	How long did it take you?

<u>Challenge</u>	<u>Challenger Status</u>				<u>Legendary Status</u>			
	<u>Attempt 1</u>	<u>Attempt 2</u>	<u>Attempt 3</u>	<u>Best score</u>	<u>Attempt 1</u>	<u>Attempt 2</u>	<u>Attempt 3</u>	<u>Best score</u>
Total tea Bags								
Bottle flip								
Toilet roll catch								
Target Roll								
Souperbowl								
Balance the bogroll								





# Scoring for your house!

- Every individual who returns a score sheet will be given 5 Achievement points which will go towards the overall “Super league”.
- Points for the house competition will then be awarded on a ranking basis.
- With the highest score in each challenge receiving a 1 and each subsequent score in rank order being given a 2,3,4,5.....etc.
- These ranking points will then be added up and the lowest cumulative score per house will be declared overall winners for each Challenge.

